

2023

# Intake for Treatment Package



Nimkee Nupigawagan  
Healing Centre





## NIMKEE NUPIGAWAGAN HEALING CENTRE

### FAMILY HISTORY

List all people currently living in your household(s) and their relationship to the youth. (If youth lives in two homes, list both and specify the amount of time in each home).

List others who are not living in the home but who are actively involved with your child:

Parent(s) current relationship status:

Married      Never Married      Separated      Divorced      Remarried      Widowed      Other

If Other, please specify: \_\_\_\_\_

What is your custody agreement?

Joint Legal      Joint Physical      Sole Legal      Sole Physical      Other \_\_\_\_\_

Child's age at time of separation? \_\_\_\_\_ Child's age at time of divorce? \_\_\_\_\_

If divorced or separated, are both parents consenting to this evaluation/treatment?      Yes      No

If no, please explain:

Are there any concerns or events that have occurred within the family that may be important to know about when working with your child?



## NIMKEE NUPIGAWAGAN HEALING CENTRE

What has been helpful and/or not helpful to your family in dealing with these concerns?

Have there been any community resources that have been useful to your family?

Additional information:

### YOUR CHILD'S SOCIAL HISTORY

Has your child experienced any major losses and/or separations?      Yes      No

If yes, please provide details:

In the past, has your child had difficulties separating from familiar people?      Yes      No

Is this still a problem?    Yes      No

If yes to either, please describe:



## NIMKEE NUPIGAWAGAN HEALING CENTRE

|  |     |    |
|--|-----|----|
| Does your child seek out friends?  | YES | NO |
| Do peers seek out your child?  | YES | NO |
| Does your child play primarily with children their own age?                            | YES | NO |
| Does your child fight frequently with peers?   | YES | NO |
| Do you have any concerns about your child's friendships?<br><br>If no, please explain: | YES | NO |

What are three strengths that best describe your yourself?

How do you spend your free time?

What activities do you enjoy doing the most?

For parents of pre-teens, does your child have a curfew?

YES

NO

Does your child adhere to curfew?

YES

NO

Does your child date?

YES

NO

What is your teen's exposure and/or attitude toward drugs, nicotine, alcohol?

Is it of concern to you?



## NIMKEE NUPIGAWAGAN HEALING CENTRE

### CLIENT INFORMATION - CONTINUED

**Client name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Should I leave Nimkee Nupigawagan prior to program completion, I agree to utilize the support of Nimkee Nupigawagan staff for resource information, and safe exit/transition planning and:

- Return to my home and/or the home of the individual named below for immediate shelter and transition support;and/or
- Contact the agency/worker named below for immediate shelter and transition support.

### EMERGENCY CONTACTS (list by priority):

| Name | Relationship | Phone | Email Address |
|------|--------------|-------|---------------|
|      |              |       |               |
|      |              |       |               |
|      |              |       |               |

### Client Family Information

|   |     |    |
|---|-----|----|
| Do you have any children under 19?            | YES | NO |
| Are they living with you?                     | YES | NO |
| Is Child Welfare involved with your family?   | YES | NO |
| Please provide additional info, if necessary: |     |    |

### CHILD WELFARE INVOLVEMENT OF PARTICIPANT (Under Age 21)

|   |  |
|---|--|
| Crown Ward                                    |  |
| Indigenous Child Welfare Agency               |  |
| Details:<br>(Worker, agency name, background) |  |



## NIMKEE NUPIGAWAGAN HEALING CENTRE

### CULTURAL INFORMATION

We invite you to let us know if there are any traditional practices or ceremonies that will support your wellness while at Nimkee:

Is there anything you would like us to know that we have not included here about you or your culture practices/ community?

|   |               |       |
|---|---------------|-------|
| Do you identify yourself as an Indigenous person, that is First Nations or Inuit? | First Nations | Inuit |
| Status:   | Yes           | No    |
| Band:   |               |       |

| Have you participated in any traditional indigenous ceremonies prior to treatment (please check)   |  |                      |  |
|--|--|----------------------|--|
| Traditional Healer   |  | Fasting/Fasting Camp |  |
| Sundance   |  | Healing Circles      |  |
| Full Moon Ceremony   |  | Sacred Fire          |  |
| Sweatlodge   |  | Helper               |  |
| Other:   |  | Other:               |  |
| What types of indigenous crafts have you tried or want to try (please check):  |  |                      |  |
| Beading  |  | Dreamcatchers        |  |
| Medicine Bundles   |  | Sewing               |  |
| Ribbon Skirt/Shirt   |  | Art                  |  |
| Regalia  |  | Carving              |  |
| <p>WE will have each person fill out this questionnaire on strengths, interests and hopes because we hope that people can actively reflect. We will also enlist the help of other friends and family to assist us- we will provide forms to each person that the applicant identifies. It will be 1) family member, 1) friend and 1) sibling (if available).</p> |  |                      |  |



## NIMKEE NUPIGAWAGAN HEALING CENTRE

### CLIENT'S STRENGTHS, INTERESTS, HOPES

Tell us about your strengths and positive qualities- Look within yourself or think about what others have complimented you on- everyone is good at something, everyone has gifts. Tell us about your gifts and your positive attributes.

Tell us about your interests, talents and passions. What do you like to do? What have you done in the past that has brought you excitement and good feelings in mind, body, and heart?

Tell us about your hopes for treatment- Why do you want to attend treatment? (Try to write at least a few paragraphs so that we can look at your reasons)





## NIMKEE NUPIGAWAGAN HEALING CENTRE

### SUBSTANCE USE TREATMENT HISTORY

CLIENT NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

1. Have you completed a withdrawal management program (including home detox, daytox) in past? YES NO

If yes, please list most recent dates, where, and for what substances:

2. Have you ever participated in substance use services and supports? YES NO  
(including counsellor, NNADAP, outpatient clinic, AA, NA, etc.)

If yes, please list most recent dates, where, and what substances you were using at the time

3. What has been helpful in your past recovery or support experiences, including First Nation/Indigenous Support Services?

4. What has been unhelpful in your past treatment or support experiences, including First Nation/Indigenous Support Services?



## NIMKEE NUPIGAWAGAN HEALING CENTRE

### GENDER AND SEXUAL ORIENTATION

Nimkee is a gender-separated service. Respectful of gender diversity, we will work with clients to figure out how to provide services in this setting which will be mutually respectful according to applicants self- identified gender and sexual orientation. Gender is diverse and we invite you to let us know what gender you identify with:

|                 |        |                       |                 |
|-----------------|--------|-----------------------|-----------------|
| Male            | Female | Gender Creative/Fluid | Transgender MTF |
| Transgender FTM | Other  | Prefer not to answer  |                 |

What pronoun would you like us to use?

He

She

They

**Sexual orientation is diverse, and we invite you to let us know your sexual orientation:**

|              |             |                      |           |
|--------------|-------------|----------------------|-----------|
| Heterosexual | Lesbian     | Gay                  | Bisexual  |
| Queer        | Questioning | Two-Spirit           | Pansexual |
| Asexual      | Other       | Prefer not to answer |           |

Is your reason for getting help (substance use, mental health concerns) related to any issues around your sexual orientation or gender identity?

Not at all

A little

Somewhat

A lot

Unsure

Prefer not to answer



## NIMKEE NUPIGAWAGAN HEALING CENTRE

### SUBSTANCE MISUSE

| Primary Problem<br>Rate 1-5<br>1-Low<br>5-Major | Substance        | Primary Route<br>Of use<br>Oral, nasal, Sublingual,<br>Smoke, inhale, anal,<br>intravenous, intra.muscular,<br>transbuccal | # of Days<br>Used in<br>last 30<br>days | Typical Daily<br>Usage | Age at<br>first use | Current<br>Use | Stage of<br>Change<br>Event |
|---|------------------|--|---|------------------------|---------------------|----------------|-----------------------------|
|   | Alcohol          |  |   |                        |                     |                |                             |
|   | Tobacco          |  |   |                        |                     |                |                             |
|   | Cannabis         |  |   |                        |                     |                |                             |
|   | Crack Cocaine    |  |   |                        |                     |                |                             |
|   | Cocaine          |  |   |                        |                     |                |                             |
|   | Heroin           |  |   |                        |                     |                |                             |
|   | Opiates          |  |   |                        |                     |                |                             |
|   | Solvents         |  |   |                        |                     |                |                             |
|   | Crystal Meth     |  |   |                        |                     |                |                             |
|   | Amphetamines     |  |   |                        |                     |                |                             |
|   | Club Drugs       |  |   |                        |                     |                |                             |
|   | Hallucinogens    |  |   |                        |                     |                |                             |
|   | Inhalants        |  |   |                        |                     |                |                             |
|   | Over the Counter |  |   |                        |                     |                |                             |
|   | Other Rx Meds    |  |   |                        |                     |                |                             |
|   | Methadone        |  |   |                        |                     |                |                             |

Have you ever accidentally overdosed?

YES

NO

If yes, please tell us briefly about the most recent date this happened:



## NIMKEE NUPIGAWAGAN HEALING CENTRE

Have you ever experienced alcohol-poisoning, including black-outs /pass-outs?

YES

NO

Tell us about this experience (when/where/outcome)

|                      |
|----------------------|
| <br><br><br><br><br> |
|----------------------|

### OTHER PROBLEMATIC BEHAVIOURS

Do you or anyone in your life have concerns that you might have problems with any of the following behaviours (that is, you spend a lot of time, spend more money than you intended and/or it's interfering with other responsibilities)?

| Activity                                     | YES | NO | HOURS PER DAY/MONTH |
|--|-----|----|---------------------|
| Shopping                                     |     |    |                     |
| Sexual activity                              |     |    |                     |
| Gambling                                     |     |    |                     |
| Gaming                                       |     |    |                     |
| Other (Internet Overuse, Shoplifting, Theft) |     |    |                     |
| Other  |     |    |                     |



## NIMKEE NUPIGAWAGAN HEALING CENTRE

### CLIENT'S HEALTH

CLIENT NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

Immunizations – (Attach all, including immunization for Covid-19 below)

|                                    |     |  |    |  |                      |  |                           |  |
|------------------------------------|-----|--|----|--|----------------------|--|---------------------------|--|
| Are you pregnant?                  | YES |  | NO |  | UNSURE               |  | Number of weeks pregnant: |  |
| Do you have a history of seizures? | YES |  | NO |  | Date of last seizure |  |                           |  |

If yes, please let us know the cause of the seizures, if known (substance use related?):

Do you have any of the following ongoing health conditions? (please check)

|        |  |                    |  |                |  |                    |  |                  |  |         |  |
|--------|--|--------------------|--|----------------|--|--------------------|--|------------------|--|---------|--|
| Asthma |  | Breathing problems |  | Heart problems |  | Circulatory issues |  | Stomach problems |  | Anxiety |  |
|--------|--|--------------------|--|----------------|--|--------------------|--|------------------|--|---------|--|

Do you take medication for these conditions? If so, describe below:

Do you have diabetes?      YES      NO      Is it managed with medication?      YES      NO

Do you have allergies?      YES      NO      What is required to manage them?

Do you require an epi-pen for allergies?      YES      NO



## NIMKEE NUPIGAWAGAN HEALING CENTRE

Do you have any special dietary needs?      YES      NO

If yes, please describe:

Do you have mobility issues?      YES      NO

If yes, please tell us briefly about your mobility concerns/needs:

### CLIENT MENTAL HEALTH

Do you have any mental health concerns?      YES      NO

What are your concerns?

Have you received a mental health diagnosis?      YES      NO

If yes, please elaborate:

Are you on medication(s) for your mental health concerns?      YES      NO

If yes, what medication are you taking? \_\_\_\_\_

Is this medication helpful?      YES      NO

Please comment:



## NIMKEE NUPIGAWAGAN HEALING CENTRE

### CLIENT MENTAL HEALTH CONTINUED

**When was the last time you had significant problems with:**

|   |  |              |  |               |  |                 |  |       |  |
|---|--|--------------|--|---------------|--|-----------------|--|-------|--|
| 1. Feeling very trapped, lonely, sad, blue, depressed, or hopeless about the future?  |  |              |  |               |  |                 |  |       |  |
| Past month  |  | 2-3 mos. ago |  | 4-12 mos. ago |  | Over a year ago |  | Never |  |
| 2. Sleep trouble, such as bad dreams, sleeping restlessly, or falling asleep during the day?                                      |  |              |  |               |  |                 |  |       |  |
| Past month  |  | 2-3 mos. ago |  | 4-12 mos. ago |  | Over a year ago |  | Never |  |
| 3. Feeling very anxious, nervous, tense, scared, panicked, or like something bad was going to happen?                             |  |              |  |               |  |                 |  |       |  |
| Past month  |  | 2-3 mos. ago |  | 4-12 mos. ago |  | Over a year ago |  | Never |  |
| 4. Becoming very distressed and upset when something reminded you of the past?  |  |              |  |               |  |                 |  |       |  |
| Past month  |  | 2-3 mos. ago |  | 4-12 mos. ago |  | Over a year ago |  | Never |  |
| 5. Seeing or hearing things that no one else could see or hear, or feeling that someone else could read or control your thoughts? |  |              |  |               |  |                 |  |       |  |
| Past month  |  | 2-3 mos. ago |  | 4-12 mos. ago |  | Over a year ago |  | Never |  |

Do you have a history of disordered eating? YES NO

If yes, please elaborate:

Binging      Purging      Restricting      Laxatives      Excessive Exercising      Other

Have you ever participated in treatment for disordered eating? YES NO

If yes, please tell us briefly about this:

Is the disordered eating still active? YES NO If no, when was it last active? \_\_\_\_\_

Do you engage in self-harming behaviours (cutting, burning, scratching)? YES NO

If yes, is self-harm currently active? YES NO

Please comment:



## NIMKEE NUPIGAWAGAN HEALING CENTRE

### CLIENT MENTAL HEALTH CONTINUED

Do you have thoughts of suicide?      YES      NO      NOT ASSESSED

If yes, do you have a current plan for suicide?      YES      NO

If yes, please elaborate:

Have you ever attempted suicide?      YES      NO

If yes, date of most recent attempt: \_\_\_\_\_

Have you experienced a head injury or head trauma?      YES      NO

Please explain current head injury related concerns:

Do you often feel confused or overwhelmed in new places?      YES      NO

If yes, please tell us more information about this:

### CURRENT MEDICATIONS

**Note: We will need verification from a medical practitioner. A consent form is attached (see Physical Form that is required)**

Do you have any concerns about your current medication(s)?      YES      NO

Are you on opiate maintenance therapy?      YES      NO

If yes, which therapy? \_\_\_\_\_ Who is your care provider? \_\_\_\_\_

Start date: \_\_\_\_\_ Current dose: \_\_\_\_\_

Current opiate maintenance therapy details:





## NIMKEE NUPIGAWAGAN HEALING CENTRE

### PSYCHOLOGICAL AND SOCIAL

Have you ever experienced problems controlling your anger / aggression? YES NO

If yes, please tell us briefly about any anger or aggression concerns that are current or in the recent past:

Are you currently experiencing violence? YES NO  
(including domestic violence or intimate partner violence)

Have you experienced violence in the past? YES NO

If yes, please tell us briefly about any concerns related to your current safety:

Do you have concerns for your safety related to your care in this program? YES NO

If yes, please elaborate:

Do you have safety concerns related to aftercare? YES NO

If yes, please elaborate:

Do you have any concerns about being in a group setting/environment? YES NO

If yes, please elaborate:



## NIMKEE NUPIGAWAGAN HEALING CENTRE

### HOUSING

What is your current housing situation?

Is your current housing situation safe, or unsafe? Please describe:

Do you need help with a housing plan?

YES

NO

Who do you live with? What's your family circumstances? Please describe:

### LEGAL CIRCUMSTANCES

Do you have any upcoming court dates?

YES

NO

If yes, when and where? Please attach more information if needed:

Are you court-ordered or asked by an alternative court system to attend treatment?

YES

NO

Are you on probation or parole?

YES

NO

Do you have a conditional sentence?

YES

NO

Do you have any charges?

YES

NO

If yes to any of the above, please provide contact information on consent form.



## NIMKEE NUPIGAWAGAN HEALING CENTRE

### FINANCIAL CIRCUMSTANCES

What is your income source during your time at Nimkee? INCOME ASSISTANCE NONE OTHER

Have you applied for Income Assistance? YES NO I DON'T KNOW

If yes, what is the application number? \_\_\_\_\_

Do you require assistance with income applications/jobs after completion? YES NO

### EDUCATIONAL HISTORY

| Highest education completed: | Please check |
|------------------------------|--------------|
| High School                  |              |
| College                      |              |
| University                   |              |
| Trade                        |              |
| Certificate                  |              |

Please attach last final school record, so that we can adequately assess your needs including any reports or assessments if available.

Do you want help with an educational plan upon completion of program? YES NO  
(We will review this again during the program)

### TRANSPORTATION ARRANGEMENTS

Travel arrival/return by:

| Mode (please check) | Date | Who will arrange? | Date |
|---------------------|------|-------------------|------|
| Car                 |      | Parent            |      |
| Bus                 |      | Band              |      |
| Air                 |      | Counsellor        |      |
| Other               |      |                   |      |

\*Note- it is not Nimkee NupiGawagan's expense for travel, except in some emergency situations, as deemed by the Executive Director or Director of Care. We will help to obtain costs for transportation if needed.

### WORKER ATTESTATION

I have reviewed all the application and filled out with the participant on the following dates:

|   |                              |                          |
|---|------------------------------|--------------------------|
| Date: _____<br>Date: _____<br>Date: _____ | <b>Comments:</b><br><br><br> | <b>Initials:</b><br><br> |
|---|------------------------------|--------------------------|



## NIMKEE NUPIGAWAGAN HEALING CENTRE

### PRIVACY AND CONSENT

#### Privacy at Nimkee NupiGawagan

- When you are receiving care from any of the programs or services at Nimkee Nupigawagan Healing Centre (NNHC), personal information needs to be collected from you by counsellors, health care practitioners and other healthcare team members.
- We collect, use and share this information when required or permitted by law; for example, according to the Personal Health Information and Protection Act (PHIPA).
- Sometimes your family, friends, or someone who has the legal right to represent you, may also give us personal information about you.
- We may also need to get personal information from other sources, such as copies of your previous health records from other hospitals or from your family physician, or we may confirm your identity and Ontario Health Card with the Ministry of Health.

**Nimkee NupiGawagan is ethically committed and legally required, to protect your personal information.**

We are committed and legally required by *Personal Health and Information and Protection Act (PHIPA)* to protect your privacy. We use and share your information for authorized purposes and must store it securely to protect it. Our staff are trained on how to protect your privacy and to keep your personal information confidential at all times.

#### Who can look at, use, and share my personal information?

Someone who “**needs to know**” your information in order to provide care and other care-related services, is permitted to look at your personal information (like a counsellor or a nurse). They may use and share it for the following reasons:

- To assist with your ongoing care and services
- To contact you or your family about your medical care when appropriate
- To help us improve the quality of your care and services
- Research (when authorized)
- Teaching and education (of counsellors and nurses, for example)
- To see if you qualify for different benefits or services and to arrange payment.

Your personal information may also be shared with other people with your consent. However, we must provide it without your consent in some circumstances. These include:

- To respond to a court order or subpoena
- To comply with an insurance investigation by another government body eg. insurance
- To report or provide information to investigate a suspicion that a child or an older adult is being abused or neglected
- To report intention of self-harm or harm to another person

If you have any questions or concerns about the limits of confidentiality, you are encouraged to speak with your counsellor, health care provider, or the Executive Director. Our program is committed to being as open as possible about our responsibilities to both you and the community



## NIMKEE NUPIGAWAGAN HEALING CENTRE

### CONSENT FOR THE RELEASE OF INFORMATION

Please indicate below your consent for Nimkee NupiGawagan staff to share your personal information with the following individuals:

| SERVICE PROVIDER            | NAME | Telephone (include extensions) | Specify any limitations to the information you consent to share |
|-----------------------------|------|--------------------------------|---|
| Probation or Parole Officer |      |                                |   |
| Lawyer                      |      |                                |   |
| Parent                      |      |                                |   |
| Other                       |      |                                |   |

### CLIENT AUTHORIZATION

I, \_\_\_\_\_ (full name) have reviewed the information in the Privacy and Consent section (page 19). I consent to the release of information as specified above (if applicable)

\_\_\_\_\_  
PRINTED NAME

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE

**If under the age of 16, parent or guardian signature required:**

\_\_\_\_\_  
PARENT/GUARDIAN PRINTED NAME

\_\_\_\_\_  
PARENT/GUARDIAN SIGNATURE

\_\_\_\_\_  
DATE

\_\_\_\_\_  
WITNESS PRINTED NAME

\_\_\_\_\_  
WITNESS SIGNATURE

\_\_\_\_\_  
DATE

\_\_\_\_\_  
RELATIONSHIP

NNHC collects, uses, and shares personal information only in accordance with the Personal Health Information and Protection Act (PHIPA)



## NIMKEE NUPIGAWAGAN HEALING CENTRE

### PARTICIPANT AGREEMENT

I, \_\_\_\_\_ (full name) have reviewed the referral information and Client Considerations section. I agree to voluntarily apply for services with Nimkee NupiGawagan.

I agree while I am in the program I will:

- treat others with respect and dignity and without discrimination
- honour the privacy and right to confidentiality of others
- participate fully in programming and opportunities

I agree to participate in the following activities upon arrival at Nimkee NupiGawagan or produce this in advance:

- medical assessment with the program doctors and nurses
- medication review including handing in all medications to the program staff
- drug testing, if requested
- review of your personal belongings in your presence
- program orientation with staff
- Rapid Antigen Testing/Covid testing, if required

\_\_\_\_\_  
PRINTED NAME

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE

\_\_\_\_\_  
PARENT/GUARDIAN PRINTED NAME

\_\_\_\_\_  
PARENT/GUARDIAN SIGNATURE

\_\_\_\_\_  
DATE

### COMMUNITY COUNSELLOR/HEALTH CARE PROFESSIONAL

\_\_\_\_\_  
PRINTED NAME

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE

### QUESTIONS

Nimkee NupiGawagan Healing Centre

Email: [admissions@nimkee.org](mailto:admissions@nimkee.org)

519 870-1119 Leroy Cornell

1-888-685-9862

Hours of Operation: 8:00am-4:00pm, Monday to Friday- Closed during lunch 12-1 pm



## NIMKEE NUPIGAWAGAN HEALING CENTRE

### AGREEMENT FOR YOUTH TREATMENT SERVICE

**YOUTH NAME:** \_\_\_\_\_ **DATE OF BIRTH:** \_\_\_\_\_

I/We understand, agree and consent that Nimkee NupiGawagan Healing Centre will provide for the care of the *above-named youth* for the duration of time that she / he is in residential treatment with NNHC.

I/We understand, agree and consent that Nimkee NupiGawagan Healing Centre will, if necessary, obtain emergency medical treatment for the *above-named youth*.

I/We understand, agree and consent that Nimkee NupiGawagan Healing Centre will wherever applicable inspect and obtain from persons named in the authorization to release/access information, records, reports and information concerning the *above-named youth*.

I/We understand and agree that this signed service agreement further validates the following forms and consents that were signed on behalf of the *above-named youth* as a requirement for acceptance into the NNHC residential treatment program:

- Parent / Guardian Consent Form
- Consent to Medical Treatment
- Authorization to Access/ Release Information
- Liability Waiver
- Referral Agent Agreement
- AWOL Procedures Form
- Education Consent
- Terms of Agreement to Policy between Client & Healing Centre
- Medical Assessment

Nimkee NupiGawagan will provide opportunity for review of this agreement at any point during the duration of youth treatment service upon the request of the parent/guardian, agency referral worker or the youth in treatment.

**I have been explained the details of this service agreement** YES NO

\_\_\_\_\_  
SIGNATURE OF CLIENT

\_\_\_\_\_  
DATE

\_\_\_\_\_  
PRINTED NAME OF PARENT/GUARDIAN

\_\_\_\_\_  
SIGNATURE OF PARENT/GUARDIAN

\_\_\_\_\_  
PRINTED NAME OF WITNESS (PARENT/GUARDIAN)

\_\_\_\_\_  
SIGNATURE OF WITNESS (PARENT/GUARDIAN)

\_\_\_\_\_  
PRINTED NAME OF NNHC PERSONNEL

\_\_\_\_\_  
SIGNATURE OF NNHC PERSONNEL

\_\_\_\_\_  
PRINTED NAME OF NNHC WITNESS

\_\_\_\_\_  
SIGNATURE OF NNHC WITNESS

\_\_\_\_\_  
DATE



## NIMKEE NUPIGAWAGAN HEALING CENTRE

### AGREEMENT FOR SERVICE – FINANCIAL ARRANGEMENTS

YOUTH NAME: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_

I/We understand and agree that that the accommodation, treatment, and all services involved for the success of the treatment of the *above-named youth* are free of cost for those responsible for the youth (parent/guardians).

Services such as accommodation (room and general supplies for the comfortable stay of the youth), cleaning, meals, treatments, cultural, sports, and recreational activities are free of charge, once they are part of the youth treatment program.

Supplies related to their daily routine at the Nimkee NupiGawagan Healing Centre such as bedroom, kitchen, common area, personal hygiene, alimentation, sports, recreation, arts and craft are provided for free, with any cost for the parents/guardians as they are considered part of the youth treatment work plan.

#### Acknowledgement:

\_\_\_\_\_  
SIGNATURE OF CLIENT

\_\_\_\_\_  
DATE

\_\_\_\_\_  
PRINTED NAME OF PARENT/GUARDIAN

\_\_\_\_\_  
SIGNATURE OF PARENT/GUARDIAN

\_\_\_\_\_  
PRINTED NAME OF WITNESS (PARENT/GUARDIAN)

\_\_\_\_\_  
SIGNATURE OF WITNESS (PARENT/GUARDIAN)

\_\_\_\_\_  
PRINTED NAME OF NNHC PERSONNEL

\_\_\_\_\_  
SIGNATURE OF NNHC PERSONNEL

\_\_\_\_\_  
PRINTED NAME OF NNHC WITNESS

\_\_\_\_\_  
SIGNATURE OF NNHC WITNESS

\_\_\_\_\_  
DATE





## NIMKEE NUPIGAWAGAN HEALING CENTRE

### AGREEMENT FOR SERVICE – INSPECT/OBTAINED RECORDS/REPORTS

YOUTH NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

I/We authorize that the youth's case record can be reviewed for the license, if applicable, and inspect records, reports, and information concerning the above-named youth.

#### Acknowledgement:

\_\_\_\_\_  
SIGNATURE OF CLIENT

\_\_\_\_\_  
DATE

\_\_\_\_\_  
PRINTED NAME OF PARENT/GUARDIAN

\_\_\_\_\_  
SIGNATURE OF PARENT/GUARDIAN

\_\_\_\_\_  
PRINTED NAME OF WITNESS (PARENT/GUARDIAN)

\_\_\_\_\_  
SIGNATURE OF WITNESS (PARENT/GUARDIAN)

\_\_\_\_\_  
PRINTED NAME OF NNHC PERSONNEL

\_\_\_\_\_  
SIGNATURE OF NNHC PERSONNEL

\_\_\_\_\_  
PRINTED NAME OF NNHC WITNESS

\_\_\_\_\_  
SIGNATURE OF NNHC WITNESS

\_\_\_\_\_  
DATE



## NIMKEE NUPIGAWAGAN HEALING CENTRE

### REQUEST FOR EDUCATION RECORDS

In order to better understand the education needs of our participants we are asking that a signed consent form along with an official school transcript (on green paper as seen in the photo below) are included with your intake package. Your last school attended can provide you with a copy of your transcript upon request. This will give us an opportunity to prepare an individualized education program for participants.

We also ask that you provide us with some areas of interest in order to look into courses and programs available for you while you are at Nimkee.

Subjects of Interest (Things you enjoy learning about):

**Nimkee Nupigawagan  
Healing Centre**

**519-264-2277**



## NIMKEE NUPIGAWAGAN HEALING CENTRE

### LAND BASED ACTIVITIES FOR 12–17-YEAR-OLDS- JULY 2022- DECEMBER 2022 NIMKEE NUPIGAWAGAN INFORMED CONSENT

All Nimkee Nupigawagan employees are certified in Standard First Aid and CPR C and training related to providing programs and services for youth. There is an exhaustive list of mandatory training that employees complete, and each employee has vulnerable sector checks. In addition, all employees have been trained in new protocols, policies and standards related to COVID-19 based on provincial legislation. Our employees are carefully selected based on their past experiences, skills, enthusiasm and ability to work with indigenous youth. They also participate in a mandatory, pre-camp training program covering topics such as leadership, motivation, teamwork, parent feedback, policies and procedures, as well as specifics about programs and management expectations. There will be trained lifeguards within our program.

The purpose of this letter is to outline and secure your informed consent for your child to participate in Southridge School's Summer Camp program. We request your immediate attention to this letter, as the program cannot commence until each consent form is returned.

The off-site camp and outdoor trips introduce students to a variety of environments and conditions. This opportunity will give participants an experience in swimming at pools, in lakes; canoeing, hiking, cooking, and cycling expeditions, for example.

The safety of our participants is the first priority in planning any outdoor activity. In addition, we ensure that the challenges presented by the excursion match the skill level of the student. However, as with any outdoor activity, there are some inherent risks that each parent or guardian should be aware of, including but not limited to the following:

- our trips can take us "off the beaten path" with no immediate access to emergency response.
- the weather can be unpredictable, at times, and severe;
- the bays and lakes are often cold;
- students must sometimes rely upon and trust their lives to technical equipment such as certified ropes & safety gear, life jackets, etc.
- wild animals may be present in some of the areas in which we travel.

As a consequence of Nimkee Nupigawagan land-based program, each parent, guardian and participant must understand that participation in an off-site camp may result in an elevated risk of injury when compared to participation in a passive activity. The nature of the trip may prevent the participants from being under the direct supervision of leaders at all times.

If you are satisfied that you fully understand the nature of Nimkee Nupigawagan's Land Based Program and the off-site camps, please complete the attached consent form and submit with your registration package and email to [continouscare@nimkee.org](mailto:continouscare@nimkee.org). If you have any questions or concerns, please contact Leroy or Dave at Nimkee Nupigawagan Healing Centre.



## NIMKEE NUPIGAWAGAN HEALING CENTRE

### NIMKEE NUPIGAWAGAN

I understand that outdoor activities may present to my child a wide variety of risks, hazards and conditions, not all of them easily foreseeable, which could result in loss, damage or injury to my child. These conditions may include, but are not limited to, steep and uneven terrain, changeable weather conditions, including heat, cold and wetness, remoteness from normal medical services, evacuation difficulties, darkness, animal and plant life, the use of assorted vehicles and including various types of transportation like canoes, boats, equipment use and camping and cooking activities. I understand that the nature of some of the activities may mean an increase in incidents.

I understand it is my responsibility to determine, taking into consideration the risks, my child's behavioural characteristics, physical health and abilities, whether my child should be allowed to participate in the Land Based Program, which is essential part of the program.

I understand that my child will be expected to uphold the standards of behaviour expected of all participants in any land-based program, and that my child will be expected to listen to and honour any request, suggestion, advice or rule given by program staff, and other supervising adults on the activity and including without limitation, the request that my child no longer participate in the activity, with the understanding that this is in the best interests of all participants. My child will be expected to act with responsibility and care for themselves and for others on the activity. My child is expected not to leave any land-based programming without consent and informing program staff. If there is a breach of any of these rules and standards, Nimkee Nupigawagan may require my child to withdraw from the remainder of the program.

My child has no physical impediments that will affect their participation in hiking, walking, canoeing, swimming, and other outdoor cultural experiences and games and field trips.

I give permission for program staff to administer first aid treatment to my child and acknowledge that I will be responsible for any medical or other charges in connection with my child's treatment.

I understand that I have been made fully aware of the various risks involved with each land-based activity and that, upon my child's participation therein, I will have decided that I am prepared to allow my child to participate in both the activity, and in aspects of the activity, including transportation to and from the activity. I also confirm that I have and will have spoken with my child about these risks and expectations, and that I am confident that they will understand them.

**My signature below indicates that I have read and understood this information and consent to:**

\_\_\_\_\_ (participant name) participating in the land-base program.

\_\_\_\_\_  
SIGNATURE OF PARTICIPANT

\_\_\_\_\_  
DATE

\_\_\_\_\_  
SIGNATURE OF PARENT/GUARDIAN

\_\_\_\_\_  
DATE

\_\_\_\_\_  
SIGNATURE OF WITNESS

\_\_\_\_\_  
SIGNATURE OF NNHC PERSONNEL



## NIMKEE NUPIGAWAGAN HEALING CENTRE

### Consent to the Disclosure, Transmittal and/or Examination of School Records and/or Information

I, \_\_\_\_\_ (PRINT NAME OF STUDENT)

Of: **Nimkee Nupigawagan Healing Centre 20850  
Muncey Road PO Box 381 R.R.#1  
Muncey, ON N0L 1Y0**

Hereby consent to the disclosure of transmittal to, or the examination by the following:

- Nimkee Staff
- Education Workers

In respect of

\_\_\_\_\_  
STUDENT NAME

\_\_\_\_\_  
DATE OF BIRTH

**For the purposes of Educational Support/Planning**

**Description of Information to be disclosed:**

- Education records
- Records/Reports compiled in Ontario Student Records (OSR)
- Any other pertinent information regarding student progress

This consent is valid for 1 year from the date signed:

\_\_\_\_\_  
DATE

I understand that I may revoke this consent in writing at any time before the duration of the consent expires, except where action has already been taken in reliance on the authorization.

\_\_\_\_\_  
SIGNATURE OF STUDENT

\_\_\_\_\_  
DATE

\_\_\_\_\_  
SIGNATURE OF PARENT/GUARDIAN

\_\_\_\_\_  
DATE

\_\_\_\_\_  
SIGNATURE OF WITNESS

\_\_\_\_\_  
DATE



## NIMKEE NUPIGAWAGAN HEALING CENTRE

### SELF-REPORT MEDICAL HISTORY FORM

|                      |  |
|----------------------|--|
| <b>FULL NAME</b>     |  |
| <b>DATE OF BIRTH</b> |  |
| <b>GENDER</b>        |  |
| <b>FOR EMERGENCY</b> |  |

PLEASE CHECK **Y** OR **N** FOR EACH CONDITION BELOW

| CONDITION | Y | N | CONDITION         | Y | N | CONDITION      | Y | N | CONDITION                         | Y | N |
|-----------|---|---|-------------------|---|---|----------------|---|---|-----------------------------------|---|---|
| Allergies |   |   | Bronchitis        |   |   | Head Injury    |   |   | High or low Blood Pressure        |   |   |
| Chills    |   |   | Joint Problems    |   |   | Seizures       |   |   | Fever                             |   |   |
| Sinusitis |   |   | Hemorrhoids       |   |   | Back Pain      |   |   | Kidney Stones                     |   |   |
| Paralysis |   |   | Dizziness         |   |   | Ear Infections |   |   | Excessive Fatigue                 |   |   |
| Anemia    |   |   | Chest Pain        |   |   | Heart Disease  |   |   | Chronic Swelling                  |   |   |
| Diabetes  |   |   | Cancer            |   |   | Tremors        |   |   | Shortness of breath               |   |   |
| Thyroid   |   |   | Convulsions       |   |   | Vomiting       |   |   | Sexually Transmitted Disease      |   |   |
| Anxiety   |   |   | Meningitis        |   |   | Epilepsy       |   |   | Frequent Urinary Tract Infections |   |   |
| Eczema    |   |   | Depression        |   |   | Chronic Cough  |   |   | Sickle Cell                       |   |   |
| Arthritis |   |   | Constipation      |   |   | Chronic Colds  |   |   | Diarrhea                          |   |   |
| Nausea    |   |   | Fainting          |   |   | Pneumonia      |   |   | Hernia                            |   |   |
| Insomnia  |   |   | Dizziness         |   |   | Malaria        |   |   | Heartburn                         |   |   |
| Asthma    |   |   | Nervousness/panic |   |   | Appendectomy   |   |   | Ulcers                            |   |   |

Are you allergic to any foods, medications, or other substances?

YES

NO

If yes, please list: \_\_\_\_\_

\*The Medical Form must be completed by the Parent/Participant (Page 1) and the Physical form (Page 2), completed by a doctor or nurse practitioner. Forms may be returned to our office, via: FAX, MAIL, OR HAND DELIVERED. Please use the CONFIDENTIAL disclaimer to return a copy this form, and all other necessary forms.

**RETURN COMPLETED FORM TO:**

**Leroy Cornell Nimkee NupiGawagan Healing Centre Fax: 519-264-1552 or email to: [continuouscare@nimkee.org](mailto:continuouscare@nimkee.org)**



# NIMKEE NUPIGAWAGAN HEALING CENTRE

## PHYSICAL EXAMINATION FORM

PATIENT FULL NAME: \_\_\_\_\_ DOB: \_\_\_\_\_ TODAY'S DATE: \_\_\_\_\_

### EVALUATIONS

| VITAL SIGNS  |        |          | LABORATORY RESULTS AND IMMUNIZATIONS REPORT |        |          |
|--|--------|----------|---|--------|----------|
|  | Normal | Abnormal |   | Normal | Abnormal |
| Blood Pressure   |        |          | Hct _____                                   |        |          |
| Temperature  |        |          | Hgb _____                                   |        |          |
| Pulse  |        |          | Fasting Blood Glucose                       |        |          |
| Weight   |        |          | Urinalysis                                  |        |          |
| Height   |        |          | <b>Required Vaccinations</b>                |        |          |
| Mood   |        |          | Varicella (Chickenpox)                      |        |          |
| <b>Recommended Vaccinations</b><br><br>HPV _____<br><br>Covid-19 (Pfizer, Moderna) _____<br>(Client – please attach copy of vaccination) |        |          | Tetanus (Td/Tdap)                           |        |          |
|  |        |          | MMR   |        |          |
|  |        |          | Covid Vaccinations: Lots/Date:              |        |          |
|  |        |          |   |        |          |

### GENERAL APPEARANCE

|                    | Normal | Abnormal |                   | Normal | Abnormal |
|--------------------|--------|----------|-------------------|--------|----------|
| Skin               |        |          | Respiratory       |        |          |
| Eyes               |        |          | Lungs             |        |          |
| Ears               |        |          | Gastrointestinal  |        |          |
| Nose               |        |          | Genitalia         |        |          |
| Throat             |        |          | Lymphatic         |        |          |
| Cardiovascular B/P |        |          | Extremities       |        |          |
| Chest              |        |          | Neurological      |        |          |
| Throat/Dental      |        |          | Dental            |        |          |
| Abdomen            |        |          | Muscular Skeletal |        |          |

**Visual Acuity:** Corrected Vision: Yes \_\_\_\_ No \_\_\_\_ (Glasses \_\_ Contacts \_\_ Surgery \_\_)

**Mental Health Issues:** Yes \_\_\_\_ No \_\_\_\_

List all known Allergies: \_\_\_\_\_

Physical Activity Restriction recommended? Yes \_\_\_\_ No \_\_\_\_

List all current medications prescribed: \_\_\_\_\_

History of Surgery/Hospitalization: \_\_\_\_\_

\_\_\_\_\_  
PHYSICIAN/NP SIGNATURE

\_\_\_\_\_  
DATE

\_\_\_\_\_  
LICENSE # OR CLINIC STAMP



## NIMKEE NUPIGAWAGAN HEALING CENTRE

### STANDING MEDICATION ORDERS

The following are common over the counter medications that are used at Nimkee NupiGawagan Healing Centre. If \_\_\_\_\_ requests any of the following over the counter medication, they are permitted to take according to package directions.

| Medication   | Dose   | Use  | Medical Ingredient   |
|--|--|--|--|
| <b>TYLENOL Extra-Strength (Acetaminophen)</b>              | <b>12 years and older:</b> take one (1) tablet every 4-6 hours. If pain does not respond to one (1) tablet take two (2) tablets at next dose. <b>Do NOT exceed more than eight (8) tablets in one day.</b> (As directed on package).   | Relief of headache pain, arthritis pain, muscle aches and sprains, menstrual cramps, the aches, and pains due to flu and fever.                                | Acetaminophen 500mg  |
| <b>ADVIL (Ibuprofen)</b>                                   | <b>12 years and older:</b> Take one (1) to two (2) tablets every four (4) hours. <b>Maximum daily dose six (6) tablets.</b> (As directed on package).  | Temporary relief of menstrual pain, toothache, minor aches and pains in muscles, bones and joints, fever and headache and pain due to arthritis or rheumatism. | Ibuprofen 200mg  |
| <b>BENADRYL Allergy ULTRATAB Tablets</b>                   | <b>12 years and older:</b> Take one (1) to two (2) tablets every four (4) to six (6) hours. <b>Do NOT take more than six (6) times in 24-hours.</b> (As directed on package).  | Fast acting relief from allergies and allergic reactions: sneezing, itchy, watery eyes, runny nose, skin itch, hives   | Diphenhydramine HCl 25mg   |
| <b>BENYLIN Extra Strength Chest Cough &amp; Cold</b>       | <b>12 years and older:</b> Take two (2) tsp. every six (6) hours. <b>Maximum of eight (8) tsp. per day.</b> (As directed on the package).  | Relieves: Coughs, stuffy nose, chest congestion, and sore throat   | Menthol from Menthactin 15mg<br>Dextromethorphan HBr 15mg<br>Pseudoephedrine HCl 30mg<br>Guaifenesin 200mg |
| <b>Extra Strength TUMS</b>                                 | Chew two (2) to three (3) tablets as needed. <b>Maximum often (10) tablets a day.</b> (As directed on the package).  | Fast, effective relief from heartburn,   | Calcium Carbonate 750mg  |
| <b>HALLS Cherry Cough Lozenges</b>                         | <b>5 years and older:</b> Dissolve one (1) drop slowly in the mouth. Repeat every two (2) hours as needed. (As directed on package)  | Temporary relieves cough due to a cold, and occasional minor irritation or sore throat.  | Menthol 7mg  |
| <b>Pepto-Bismol Extra Strength</b>                         | <b>Adults:</b> two (2) tablespoons (30 mL) every hour as needed. <b>Children 10 to 14 years:</b> three (3) teaspoons (15 mL) every hour as needed. <b>Maximum of four (4) doses in a 24-hour period.</b> (As directed on package).   | Relief for: nausea, heartburn, indigestion, upset stomach, diarrhea  | Bismuth Subsalicylate 35.2 mg/mL   |
| <b>GRAVOL</b>  | <b>12 years and older:</b> take one (1) to two (2) tablets every four (4) hours as needed. <b>Maximum of eight (8) tablets in 24-hours.</b> (As directed on package).  | Prevention and treatment of nausea, vomiting, and dizziness  | Dimenhydrinate U.S.P 50mg  |
| <b>Midol</b>   | Adults and children 12 years and over: take 1 capsule every 4 to 6 hours while symptoms persist if pain or fever does not respond to 1 capsule, 2 capsules may be used do not exceed 6 capsules in 24 hours, unless directed by a doctor   | For the temporary relief of these symptoms associated with menstrual periods:  | Acetaminophen 500 mg + Caffeine 60 mg + Pyrilamine maleate 15 mg   |
| Topical Medication   | Directions   | Use  | Medical Ingredient   |
| <b>POLYSPORIN Plus pain relief cream HEAL-FAST Formula</b> | 1. Clean the affected area 2. Apply POLYSPORIN to the affected area 1-3 times daily 3. Cover the affected area (As directed on package)  | Prevents infection   | 10,000 units Polymyxin B (as Sulfate), 0.25mg Gramicidin, 50mg Lidocaine Hydrochloride                     |
| <b>VICKS VAPORRUB</b>                                      | 1. Rub a thick layer on chest and throat or rub on sore, aching muscles. 2. Cover with a warm, dry cloth if desired. 3. Keep clothing loose about throat/chest to help vapors reach the nose/mouth. Repeat up to three times per 24 hours or as directed by doctor. (As directed on package) | On chest and throat, temporarily relieves cough due to common cold<br><br>On muscles and joints, temporarily relieves minor aches and pains                    | Regular:<br>Camphor 4.73%<br>Eucalyptus oil 1.2%<br>Menthol 2.6%   |
| <b>Alcohol Swabs</b>                                       | Rub skin briskly in a circular motion from injection site outward. (As directed on package)  | Antiseptic skin cleaner for use prior of injection   | Isopropyl Alcohol 70% v/v USP  |

**\*\*Note: Please circle all medication name youth is approved to have administered to them**

\_\_\_\_\_, was seen by the below signed, on the date below and is approved to take the above medication(s).

\_\_\_\_\_  
PHYSICIAN

\_\_\_\_\_  
DATE





## NIMKEE NUPIGAWAGAN HEALING CENTRE

### AUTHORIZATION FOR SELF-ADMINISTRATION OF PRESCRIBED MEDICATION BY Client/Participant

Form to be completed by a parent/guardian to request authorization for client/participant to self-administer a prescription medication while in treatment.

Form must be reviewed and, if there are no changes to the medication, an updated parent/guardian signature is required

This request will only be considered if:

- (a) The medication is prescribed by a regulated health care provider.
- (b) The administration of a prescribed medication on either a routine or emergency basis is necessary for the client/participant; and
- (c) It is appropriate for the client/participant to self-administer the prescribed medication.

#### A. To be Completed by Parent/Guardian (please print):

|                             |  |                                      |  |
|-----------------------------|--|--------------------------------------|--|
| Name of Client/participant: |  | Client's/Participants Date of Birth: |  |
| Name of Parent/Guardian:    |  |                                      |  |
| Address:                    |  |                                      |  |
| Home Telephone:             |  | Daytime Telephone                    |  |
| Cell Phone:                 |  | Email:                               |  |

|                               |  |           |  |
|-------------------------------|--|-----------|--|
| Contact in Case of Emergency: |  |           |  |
| 1. Name:                      |  | Telephone |  |
| 2. Name:                      |  | Telephone |  |

|                                    |  |           |  |
|------------------------------------|--|-----------|--|
| Prescribing Physician Information: |  |           |  |
| Name:                              |  | Telephone |  |
| Physician's Office Address:        |  |           |  |



## NIMKEE NUPIGAWAGAN HEALING CENTRE

A. If medication is only to be administered in the event of an emergency, please list:

|  |  |         |  |
|--|--|---------|--|
| Prescribed Medication:   |  | Dosage: |  |
| Circumstances under which the medication should be administered:                                     |  |         |  |
| Any indicators that the medication should not be administered:                                       |  |         |  |
| What is the expected result of administering the medication:   |  |         |  |
| What are the possible side effects of this medication?   |  |         |  |
| What, if any, are the effects of a delay in the administration of the medication or a missed dosage? |  |         |  |
| Any additional instructions?   |  |         |  |
| Instructions for storage/refrigeration:  |  |         |  |

☐ A Plan of Care has been co-created with Nimkee NupiGawagan Healing Centre.



## NIMKEE NUPIGAWAGAN HEALING CENTRE

B. If medication is to be administered routinely, please list:

|  |  |  |  |  |
|--|--|--|--|--|
| Prescribed Medication  |  |  |  |  |
| Dosage   |  |  |  |  |
| Time of Administration   |  |  |  |  |
| Possible side effects, including effects of a delayed or missed dosage |  |  |  |  |
| Additional instructions (e.g., storage)                                |  |  |  |  |

In submitting this request, I/we acknowledge and agree that:

- (a) If participant's medication is to be stored at Nimkee NupiGawagan Healing Centre, I/we are solely responsible for providing the prescribed medication in an adequate supply for up to two weeks.
- (b) Any medication will be provided in the original container(s) from the pharmacist, which will clearly display:
  - (i) the name of the Participant,
  - (ii) the name of the medication,
  - (iii) the dosage,
  - (iv) the name of prescribing regulated health care provider,
  - (v) frequency of administration, and
  - (vi) date of expiry.
- (c) Because I/we are giving our permission for the client/participant to self-administer the medication.

I/we acknowledge and agree that the personal information provided on this Form and otherwise in support of our child will be disclosed as necessary to Nimkee NupiGawagan Healing Centre.



## NIMKEE NUPIGAWAGAN HEALING CENTRE

☐

A copy of the pharmacist's instructions for the administration of the prescribed medication is attached.

I acknowledge that I am aware and understand my child's medical condition and the risks associated with its care and emergency treatment.

---

Parent/Guardian Signature

---

Date

---

NNHC Staff

---

Date

---

Physician /NP Signature, License # and or Clinic Stamp

---

Date

---

Youth Signature

---

Date